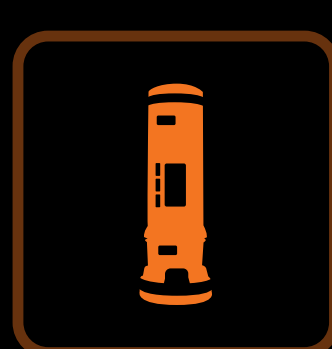


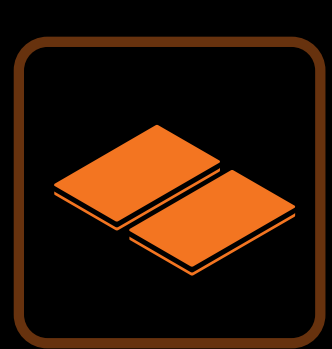
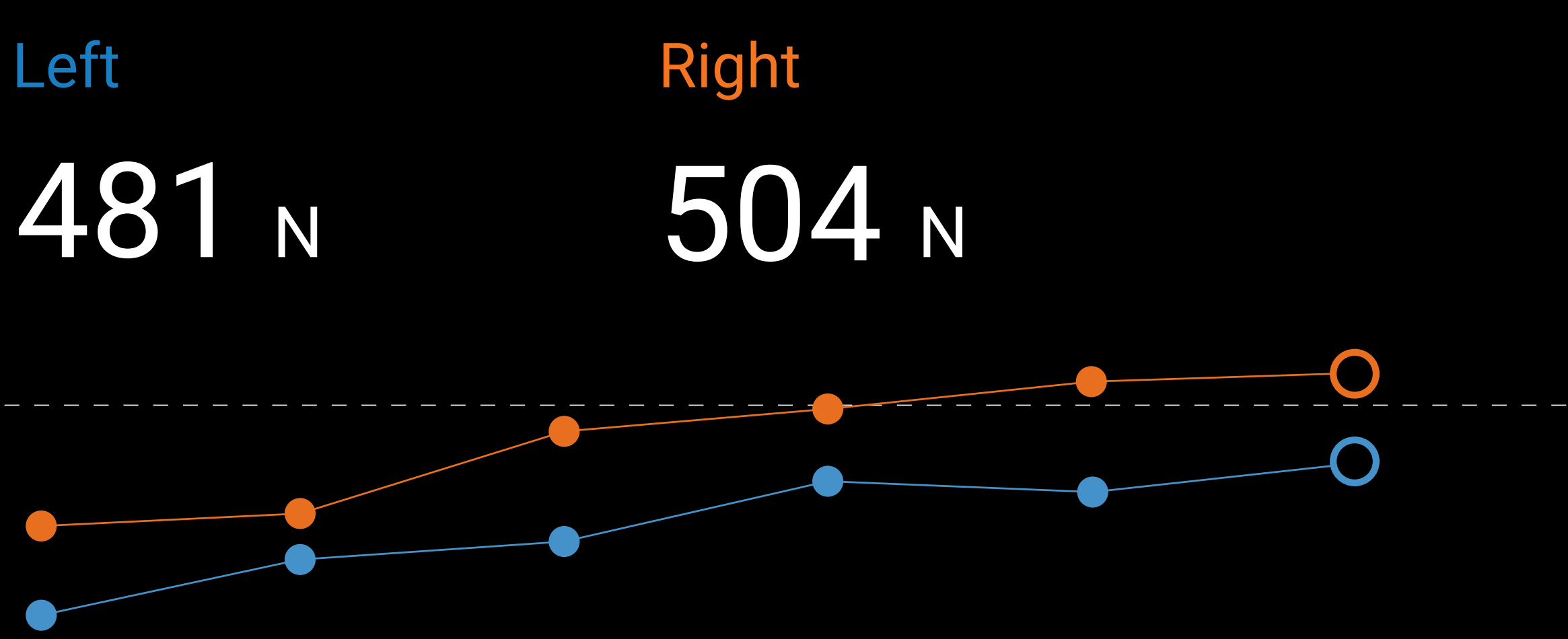
Technology for human performance.

VALD systems empower performance professionals to objectively assess progress and make data-informed decisions with intuitive tools and actionable insights.



Hand Grip Squeeze (Neutral)

Max Force [N]



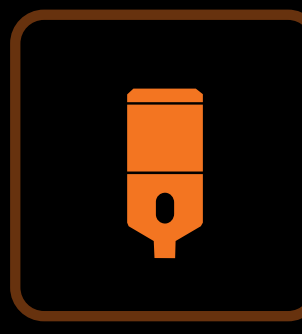
Countermovement Jump

Max Takeoff Peak Force - Left & Right Side



Hip Add/Abd – 45°

Max Force - Left and Right Side Hip Abd:Add Ratio



20yd Sprint

Test Time

3.015 s